

KALEIDOSCOPE

Change is the only constant

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THEANUGRAHAPROJECT@GMAIL.COM

HEALTH AND WELLNESS FOR ALL: A MILESTONE EVENT

In early September, we organized our first major event at the newly inaugurated Banyan Tree Park—a **free health check-up and eye camp**. A total of 153 adults and children from our community and a neighboring settlement availed themselves of this opportunity.

The camp, conducted by **Rotary Bangalore**, brought together a dedicated team of general physicians, a gynaecologist, a paediatrician, ophthalmologists, an optometrist, and nurses. Some professionals travelled long distances, such as from Marathahalli, to spend half their Sunday with us.

Key highlights:

- **Free eyeglasses:** Those diagnosed with vision issues received free glasses, sponsored by Rotary. The optometrist visited the community for distribution.
- **Next steps:** A few individuals need further consultations with specialists, including an orthopaedic doctor, cardiologist, and dentist. Arrangements are underway for follow-ups.
- **Dental awareness:** The camp highlighted a need for dental hygiene education. Plans for awareness sessions on brushing and oral care are in progress.

This initiative not only addressed immediate health concerns but also strengthened community ties.





NURTURING ENGLISH PROFICIENCY: AARUNYA SPOKEN ENGLISH CLASSES

This September, we launched a new batch of Aarunya Spoken English Classes. These classes, conducted via Zoom, cater to middle-school children from both our community and a neighboring settlement.

A repurposed container in The Banyan Tree Park serves as the classroom, symbolizing our belief that education can thrive in the most unconventional spaces. This program aims to empower children with better communication skills and improved confidence for their future.



GROWING TOGETHER: THE ORGANIC KITCHEN GARDEN

Our organic kitchen garden is thriving! Children enthusiastically sowed spinach seeds, diligently cared for by them, and harvested the lush greens within weeks. Their joy and sense of accomplishment were palpable as they reaped the fruits of their labor.

We're now preparing to plant other greens and vegetables, transforming this space into a hub for sustainable living and hands-on learning.



A STEP TOWARDS SUSTAINABILITY: COMPOSTING INITIATIVES

To combat the harmful effects of burning trash, we've partnered with **Vasuki Iyengar**, a composting expert, to set up a variety of composting units in the community. Educational talks will follow, spreading awareness about waste segregation and the benefits of composting.

This initiative aligns with our broader vision of creating an eco-friendly and sustainable environment.





FESTIVE JOY WITH THE YOUNG STARS

Our community recently came alive with joyous celebrations for **Diwali, Children's Day, and Rajyotsava**. The children were at the heart of these festivities, filling the air with their boundless energy and enthusiasm. From engaging creative activities and lively cultural performances to sharing sweets and laughter, every moment reflected the spirit of unity and celebration.

These events not only honored our rich traditions but also created lasting memories for the children, leaving them with smiles and a sparkle of happiness. We extend our heartfelt gratitude to our dedicated supporters who participated wholeheartedly and contributed generously, making these celebrations truly special and unforgettable.



PLAYTIME AT THE KABADDI COURT

Our Kabaddi court is buzzing with activity! Kids enjoy playing for two hours on weekdays and even longer on weekends and holidays.

We are still seeking donations for a swing set and a slide for the younger children. **Gently used equipment is welcome**, and your contributions can make their playtime even more enjoyable.



A CLEANER AND SAFER COMMUNITY: THE PARTHENIUM STORY

Parthenium, a notorious weed that once dominated the 4,500-square-foot space now housing The Banyan Tree Park, has been completely eradicated. The results are remarkable—children who previously suffered from incessant coughing are now breathing easy.

Our founder, **Manya**, is conducting research on the health impacts of parthenium removal and is experimenting with growing marigold plants in the same area. This December, she will present her findings at the **IMIB Future Leaders' Program** at the **United Nations Headquarters in New York City**.



SPORTING TRIUMPHS: AJIT PANDYA'S CRICKET VICTORY

Ajit Pandya, one of our talented youngsters, brought home two trophies from the annual cricket tournament at the Padukone-Dravid Centre for Sports Excellence (CSE).

This achievement is the result of free coaching provided by CSE, thanks to an initiative by Manya and Mira, who advocated for our children to participate alongside others. Ajit's success is a testament to what opportunity and encouragement can



CARING FOR OUR FOUR-LEGGED FRIENDS

The street dogs in our community had been struggling with ticks. With the help of **Bravecto treatment**, they are now tick-free and much healthier. This intervention not only benefits the dogs but also ensures a safer environment for humans. A healthy dog is indeed a happy dog!



LIGHTING UP LIVES: A STEP TOWARDS SAFETY AND SUSTAINABILITY

Thanks to the generous support of Rotary Bangalore, solar lights have been installed outside the newly constructed toilets in our community. This initiative has brought a significant change, ensuring the safety and comfort of residents, especially at night.

The solar lights not only illuminate the pathways but also reflect our commitment to eco-friendly and sustainable solutions. Residents have expressed their gratitude, sharing how this simple yet impactful addition has made them feel more secure while accessing the facilities after dark.

This collaboration with Rotary Bangalore demonstrates the power of partnerships in creating a better living environment for all.



BE A PART OF OUR JOURNEY

As we reflect on these milestones, we invite you to join us in making a difference. Whether it's volunteering, donating, or simply spreading the word, every contribution matters.

Reach out to us today, and let's build a brighter future together!

CONTACT US

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